

St. Catherine Labouré Parish  
St. Joan of Arc Church

**FISH FRY**  
Fridays during Lent  
3:00-7:00  
March 4 - April 8

Take-out only  
Order in person or call  
412-854-3173

**Menu**

- ENTREES:**
- Hand-Breaded Fried Cod Sandwich (14-16 oz) \$13.00
  - Extra bun \$ 1.00
  - Fried Cod or Baked Cod Dinner \$17.00 (includes 2 sides)
  - Homemade Crab Cake \$ 9.00
  - Shrimp (5) \$10.00
  - Shrimp Dinner (5) \$15.00 (includes 2 sides)
- SIDES:** (8oz)
- Hot** \$4.00      **Cold** \$3.00
  - Haluski              Cole Slaw
  - Mac 'n Cheese      Applesauce
  - French Fries
  - Soup (cup) Quart \$10.00
  - Pierogies (6) \$8.00
- DESSERTS:**
- Turnovers \$3.00
  - Fruit Pie Slice \$3.00
  - Cream Pie Slice \$4.00



St. Louise de Marillac School

**LENTEN FISH FRY**

March 4 - April 8, 2022



**Please join us!**

4:30 p.m. - 7:00 p.m.

**Take-Out Only**

**ONLINE ORDERING ONLY!**

Order online at  
[stlouiseschoolpa.org](http://stlouiseschoolpa.org)

Menu

*Seafood Dinners  
include fries & coleslaw*

- Fried Fish Sandwich Dinner.....\$15.00
- Baked Fish Dinner.....\$15.00
- Shrimp Dinner.....\$15.00
- Pizza (2 slices and fries).....\$10.00

**Please no substitutions.**

\*\*Please note that due to the current situation, our prices may fluctuate during this Lenten Season. We appreciate your understanding.\*\*

**Pick Up Orders at:**

St. Louise de Marillac School  
310 McMurray Road  
Pittsburgh, PA 15241

Orders to be picked up, at time  
designated when ordered, in the  
back of the school, Door #8.

(Signs will be posted)

**Thank you  
for your support!**

**LENTEN REGULATIONS**

Ash Wednesday and Good Friday are days of fast and abstinence. The Fridays of Lent are days of abstinence in the United States.

The obligation of abstinence (refraining from eating meat) begins at the age of 14. The law of fasting (limiting oneself to one full meal and two lighter meals) obliges all between the ages of 18-59. No one should consider this obligation lightly.

Those individuals who have a medical condition in which fasting may be considered harmful are not obliged to fast, but should perform some other act of penance or charity.

Pastors and parents are to see to it that minors, though not bound by the law of fast and abstinence, are educated in the authentic sense of penance and encouraged to do acts of penance suitable to their age.

Notable during this Lenten season is that the Solemnity of the Annunciation falls on a Friday. Because of this, there is not an obligation to abstain from meat on Friday, March 25, 2022, the Solemnity of the Annunciation, according to the norm of canon 1251.

All members of the Christian Faithful are encouraged to do acts of penance and charity during the Lenten season beyond what is prescribed by the law.

As a general rule, a request for a dispensation from the obligation of abstinence on Fridays of Lent will not be considered unless some serious reason is present. The attendance at social events, banquets, wedding rehearsals or receptions, or funeral wakes are not considered sufficient reason to request a dispensation.

*Lent 2022*  
*Saint Catherine Labouré  
Parish*



*Ash Wednesday Schedule*  
*March 2, 2022*

- Mass and  
Distribution of Ashes**
- 6:45am (STL)
- 8:00am (SJA)
- 9:00am (STL-school students)
- 6:00pm (SJA)
- 7:00pm (STL)

**Liturgy of the Word and  
Distribution of Ashes**  
Noon (SJA and STL),  
5:00pm (STL)

**Stations of the Cross will be  
prayed each Friday of Lent**  
1:00pm (STL School Students)  
and 7:00pm (SJA and STL)

## Opportunities for Confession

**Every Tuesday:**  
6:30-7:30pm (STL)

**Every Saturday:**  
11:30am-12:30pm (STL)  
(except Holy Saturday)

Noon-12:30pm (SJA)  
(except Holy Saturday)

**Wednesday, March 30:**  
6:00-9:00pm (STL)  
“The Light Is On For You”



**Monday, April 11:**  
6:00-7:00pm (SJA)

## Still BEST LENT EVER— Just Even Better

This year...for the first time ever... Dynamic Catholic is offering you TWO options for BEST LENT EVER.

Every day, you will receive two short, practical and inspiring videos in your inbox, each representing a pathway leading toward a better version of you and a closer relationship with God.

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[https://  
www.dynamiccatholic.com/  
nt.html#form-signup](https://www.dynamiccatholic.com/nt.html#form-signup)

**BEST  
LENT  
EVER®**



### Holy Thursday, April 14

Mass of the Lord's Supper at 7:00pm  
(SJA Church & STL Church)

Churches will be open for  
Eucharistic devotion until midnight

### Good Friday, April 15

Stations of the Cross at 12:00pm (STL)  
Good Friday Liturgy at 1:30pm  
(SJA & STL)

Stations with Veneration of the Cross  
at 7:00pm (SJA & STL)

### Holy Saturday, April 16

Blessing of Easter Baskets  
10:00am (SJA) and 11:00am (STL)  
Easter Vigil Mass at 8:30pm (STL)

### Easter Sunday Masses, April 17

8:00am (SJA Church)  
8:00am (STL Church)  
10:00am (SJA Church)  
10:00am (STL Church & Gym)  
Noon (SJA Church)  
Noon (STL Church & Gym)

*There is no 4:30pm Mass on  
Easter Sunday at Saint Louise Church*

## Opportunities for Devotion

**Monday:** Holy Hour at  
6:45pm (STL)  
(Rosary & Divine Mercy Chaplet)

**Tuesday:** Eucharistic Adoration  
all day following the  
9:00am Mass (STL),  
Patriotic Rosary at 3:00pm (STL),  
Rosary at 6:30pm,  
Miraculous Medal Novena  
followed by healing prayers,  
prayers for deliverance and  
Benediction of the Most Blessed  
Sacrament at 7:30pm

**Thursday:** Adoration,  
Short Reflection on Gospel and  
Benediction at 7:00pm (SJA)

**Friday:** Divine Mercy Chaplet  
at 3:00pm (STL),  
Charismatic Prayer Group  
at 8:00pm (STL)  
Nocturnal Adoration  
at 10:00pm (STL)  
(First Friday of each month unless  
otherwise stated)